

## Knowles Teacher Initiative: Hand Identity Activity

### How do you see yourself? How do others see you?

Trace your hand or use the hand below.

- Inside the hand, write words or phrases that you use to describe aspects of your identity.
- Outside of the hand, write words/phrases that you believe others use to describe you. These others could be families, students, colleagues, or other stakeholders.

#### When you are done labeling:.

- Notice the words/phrases you recorded and reflect on similarities and differences.
- Consider how these similarities and differences have/might impact your interactions and experiences in educational settings (e.g., schools, classrooms, etc).

#### **Group extension:**

- In partners,
  - Share your charts.
  - Explain why some words (2-3) might be the same, while others might be different.
  - How do these identifiers make you feel?
- In whole group, discuss:
  - Why focus on identity? What does it have to do with being a teacher/colleague?



# How others see me:

Aspects of my identity: